



child parent institute



class schedule winter 2018

parenting classes

Handling Anger, Mine & My Child's

\$90 per person | 6 sessions

Tuesdays | January 9 - February 13 | 6:00-8:00pm

Tuesdays | February 27 - April 3 | 6:00-8:00pm

Tuesdays | April 24 - May 29 | 6:00-8:00pm

Managing Family Anger

\$70 per person | 4 sessions

Wednesdays | March 21 - April 11 | 6:00-8:00pm

Positive Parenting (ages 2-12)

\$60 per person | 3 sessions

Wednesdays | January 17 - 31 | 6:00-8:00pm

Wednesdays | March 28 - April 11 | 6:00-8:00pm

Positive Parenting for All Ages

\$90 per person | 6 sessions

Wednesdays | February 7 - March 14 | 6:00-8:00pm

Mindfulness Program for Parents & Children (ages 10+)

\$90 per family | 6 sessions

Thursdays | January 18 - February 22 | 6:30-8:00pm

Single and Parenting

\$60 per person | 3 sessions

Fridays | March 9 - 23 | 6:00-8:00pm

Parenting & Coping with Stress

\$90 per person | 6 sessions

Fridays | January 12 - February 16 | 6:30-8:00pm

Fridays | April 27 - June 1 | 6:30-8:00pm

Raising Resilient Children (ages 2-12)

\$20 per person | 1 session

Wednesday | March 7 | 6:00-8:00pm

Raising Sons

\$20 per person | 1 session

Wednesday | March 14 | 6:00-8:00pm

Embracing Your Child with ADD/ADHD

\$20 per person | 1 session

Tuesday | February 27 | 6:00-8:00pm

Parenting Advanced Learners (ages 4-18)

\$120 per person | 6 sessions

Fridays | February 16 - March 23 | 9:30-11:00am

Location: Child Parent Institute

Wednesdays | February 21 - March 28 | 7:00-8:30pm

Location: Santa Rosa Accelerated Charter School

triple p online

Triple P Online (ages 2-12) or Teen Triple P Online

\$100 per person | 6-8 week online class

Great for parents on the go. Includes the assignment of an experienced parent educator. For more information please call 707-585-6108 ext. 1240.



baby corner

Guiding Your Toddler & Preschooler (ages 2-5)

\$50 per person | 3 sessions | YMCA location

Thursdays | February 1 - 15 | 6:00-7:30pm

YMCA Childcare is \$2 per hour

FREE Drop-In Play Group

Please check calparents.org for more information.

free classes

Positive Parenting

Children's Museum of Sonoma County

Free | 1 session each

Monday | January 29 | 6:00-7:30pm

Monday | February 26 | 6:00-7:30pm

Monday | March 26 | 6:00-7:30pm

Monday | April 30 | 6:00-7:30pm

Monday | May 28 | 6:00-7:30pm



Building Your Credit

Presented by Redwood Credit Union

Free | 1 session

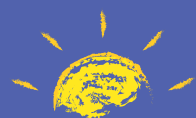
Thursday | February 22 | 6:30-7:30pm

Payng Down and Budgeting for Debt

Presented by Redwood Credit Union

Free | 1 session

Wednesday | March 21 | 6:30-7:30pm



child parent institute

to register: visit calparents.org/classes or call 707.585.6108 x1240. Full payment is due at time of registration. Unless otherwise noted, all classes are held at 3642 Standish Avenue, Santa Rosa, CA 95407.

child parent institute | calparents.org | (707) 585-6108

class schedule winter 2018

co-parent counseling

Sliding scale \$40-\$80 per parent

Monday-Friday during business hours 9:00am-5:00pm

Attendance of Co-Parenting orientation is required.

co-parenting

Parenting Apart Without Tears

\$60 per person | 3 sessions

Thursdays | January 11 - 25 | 6:00-8:00pm

Thursdays | February 1 - 15 | 6:00-8:00pm

Thursdays | March 8 - 22 | 6:00-8:00pm

Thursdays | April 5 - 19 | 6:00-8:00pm

Raising a Child with an Ex-Partner

\$20 per person | 1 session

Tuesday | January 9 | 6:00-8:00pm

Tuesday | March 6 | 6:00-8:00pm

Kid's Turn (5-14 years)

\$100 per parent & \$75 per child | 6 sessions

Mondays | January 22 - March 5* | 6:00-7:00pm

*No session on February 19

Co-Parent Counseling Orientation

\$20 per person | 1 session

Required for co-parent counseling

Monday | January 8 | 6:00-7:00pm

Monday | March 12 | 6:00-7:00pm

The New Family: Blended, Extended, & Unmarried

\$40 per person | 2 sessions

Mondays | March 12 - 19 | 6:00-8:00pm

autism support groups

Mindful Self-Compassion Class for Parents & Sensory-Social Group for Children (ages 7-11)

\$30 per family | 6 sessions

Mondays | March 26 - April 30 | 5:30-6:30pm

Provided by SSU Faculty and Students.

Respite for Parents - Sensory & Game Nights for Children (ages 7-11)

\$30 per family | 3 sessions

Fridays | February 9, March 9, April 13 | 5:00-9:00pm

This is a respite night for parents. Children will participate in sensory activities and games while parents have a night off.

Provided by SSU Students.

Parents of Children with Autism & Similar Issues
Free (Donations accepted)

1st Thursday of every month

Jan. 4, Feb. 1, March 1, April 5 | 9:00-11:00am

Drop in- no need to register. Childcare is available.

parenting teens

Parenting Teen Series

\$60 per person | 3 sessions

Tuesdays | April 3 - 17 | 6:00-8:00pm



Positive Parenting Teens

\$60 per person | 3 sessions

Wednesdays | February 7 - 21 | 6:00-8:00pm

create your own parenting class

Meet with an experienced parent educator for a one-on-one consultation either on site at CPI or in your home.

\$30 for 1/2 hour at CPI or over the phone

\$50 for 1 hour at CPI or over the phone

\$100 per hour in your home

Call Rocio at 707-585-6108 x1218 to schedule.

horario de clases invierno 2018

clases en español

Aprendiendo a Manejar Mi Enojo y el de Mis Hijos

\$70 | 4 sesiones

Martes | 20 de Marzo al 10 de Abril | 6:00-8:00pm

Serie de Disciplina Positiva (edades 2-12 años)

\$60 | 3 sesiones

Viernes | 9 al 23 de Febrero | 6:30-8:30pm

Martes | 10 al 24 de Abril | 6:30-8:30pm



Disciplina en Dos Hogares (para exparejas)

\$40 | 2 sesiones

Martes | 13 al 20 de Febrero | 6:30-8:30pm

Viernes | 20 al 27 de Abril | 6:30-8:30pm

Técnicas para Reducir el Estrés

\$20 | 1 sesión

Martes | 6 de Marzo | 6:00-8:00pm

Clase para Padres de Hijos Adolescentes

\$20 | 1 sesión

Martes | 13 de Marzo | 6:00-8:00pm

Manejando Conflicto Familiar

\$60 | 3 sesiones

Viernes | 16 al 30 de Marzo | 6:30-8:00pm

Prevención de Alcohol y Drogas

\$60 | 3 sesiones

Miércoles | 17 al 31 de Enero | 6:00-8:00pm

Programa de Conciencia para Padres y Niños (edades 10+)

\$90 | 6 sesiones

Jueves | 1 de Marzo al 5 de Abril | 6:30-8:00pm

Criando un Niño con una Ex-Pareja

\$20 | 1 sesión

Viernes | 23 de Febrero | 6:30-8:30pm

Guiando A Su Niño Pequeño y Preescolar

\$50 | 3 sesiones

Miércoles | 7 al 21 de Marzo | 6:00-7:30pm

Turno de los Niños (edades 5-14 años)

\$100 por padre, \$75 por niño | 6 sesiones

Lunes | 22 de Enero al 5 de Marzo | 6:00-7:00pm

Madres | Padres Solteros

\$20 | 1 sesión

Miércoles | 4 de Abril | 6:30-8:00pm



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para registrarse: Regístrese en línea en calparents.org/clases, o llame al 707 585.6108 x 1240. El pago de la clase es requerido al momento de registrarse. Al menos que se indique otra dirección, todas las clases se harán en 3642 Standish Avenue, Santa Rosa, CA 95407.

child parent institute | calparents.org | (707) 585-6108