



building brighter futures for our children and families

fall class schedule 2018

September

Mindfulness Program for

Parents & Children (ages 10+)

\$90 per family | 6 sessions

Mondays | September 10 - October 15 | 6:30-8:00pm

Positive Parenting for All Ages

\$90 | 6 sessions

Wednesdays | September 12 - October 17 |

6:00-8:00pm

The New Family:

Blended, Extended, & Unmarried

\$40 | 2 sessions

Thursdays | September 13 - 20 | 6:00-8:00pm

Parenting Apart Without Tears

\$60 | 3 sessions

Mondays | September 17 - October 1 | 6:00-8:00pm

Handling Anger, Mine & My Child's

\$90 | 6 sessions

Tuesdays | September 18 - October 23 | 6:00-8:00pm

Co-Parent Counseling Orientation

(Required for co-parent counseling.)

\$20 | 1 session

Monday | September 24 | 6:00-7:00pm

Raising Resilient Children

at Kaiser Permanente

401 Bicentennial Way, Santa Rosa

\$10 for Kaiser members, \$15 for non-members

1 session

Wednesday | September 26 | 6:00-8:00pm

October

Embracing Your Child with ADD/ADHD

\$20 | 1 session

Tuesday | October 2 | 6:00-8:00pm

Raising Sons

\$20 | 1 session

Wednesday | October 3 | 6:00-8:00pm

Guiding Your Toddler & Preschooler

YMCA 1111 College Ave, Santa Rosa

\$60 | 3 sessions

Thursdays | October 4 - 18 | 6:00-7:30pm

Childcare available for \$2 | hour

Parenting Teens Series

\$60 | 3 sessions

Tuesdays | October 9 - 23 | 6:00-8:00pm

Positive Parenting (ages 2-12)

\$60 | 3 sessions

Wednesdays | October 10 - 24 | 6:00-8:00pm

Raising a Child with an Ex-Partner

\$20 | 1 session

Wednesday | October 10 | 6:00-8:00pm

Single and Parenting

\$60 | 3 sessions

Fridays | October 12 - 26 | 6:30-8:30pm

Raising Daughters

\$20 | 1 session

Thursday | October 18 | 6:00-8:00pm

Kids Turn (ages 5-14)

\$100 per parent & \$75 per child | 6 sessions

Mondays | October 22 - December 3 | 6:00-7:00pm

(no class on November 12)

November

Parenting and Coping with Stress

\$90 | 6 sessions

Fridays | November 2 - December 14 | 6:30-8:00pm

Parenting Apart Without Tears

\$60 | 3 sessions

Tuesdays | November 6 - 20 | 6:00-8:00pm

Handling Anger, Mine and My Child's

\$90 | 6 sessions

Tuesdays | November 6 - December 11 | 6:00-8:00pm

Raising Resilient Children

\$20 | 1 session

Wednesday | November 7 | 6:00-8:00pm

Managing Family Anger

\$70 | 4 sessions

Wednesdays | November 7 & 14 & December 5 & 12 |

6:30-8:00pm

The New Family:

Blended, Extended, and Unmarried

\$40 | 2 sessions

Thursdays | November 8-15 | 6:00-8:00pm



child parent institute

to register for classes: visit calparents.org/
classes or call 707.585.6108 x1240. Full payment is due at
time of registration. Unless otherwise noted, all classes are
held at 3642 Standish Avenue, Santa Rosa, CA 95407.

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December

Embracing Your Child with ADD/ADHD

\$20 | 1 session

Tuesday | December 4 | 6:00-8:00pm

Raising a Child with an Ex-Partner

\$20 | 1 session

Monday | December 10 | 6:00-8:00pm

Triple P Online

Triple P Online (ages 2-12) or Teen Triple P Online

\$100 | 6-8 week online class

Great for parents on the go.

Includes the assignment of an experienced parent educator. For more information, please call 707-585-6108 x1240.



Create Your Own Parenting Class

Meet with an experienced parent educator for a one-on-one consultation either on site at CPI or in your home.

\$30 for 1/2 hour at CPI or over the phone

\$50 for 1 hour at CPI or over the phone

\$100 per hour in your home

Call Delfina at 707-585-6108 x1218 to schedule.

Co-Parent Counseling

Sliding scale \$40-\$80 per parent

Monday - Friday during business hours 9:00am - 5:00pm

Attendance of Co-Parent Counseling Orientation is required.

Ongoing Groups

Parents of Children with Autism and Similar Issues

FREE | 1st Thursday of every month

Drop in, no need to register.

Thursday | September 6th | 9:00-11:00am

Thursday | October 4 | 9:00-11:00am

Thursday | November 1 | 9:00-11:00am

Thursday | December 6 | 9:00-11:00am

Parenting Through Recovery from North Bay Fires

A drop-in group for parents who have lost their homes in the recent fires.

FREE | No registration required

Fridays | September 14 & 28 | 9:00-10:30am

Fridays | October 12 & 26 | 9:00-10:30am

Fridays | November 9 & 30 | 9:00-10:30am

Friday | December 14 | 9:00-10:30am

horario de clases otoño 2018

Clases en Español

Aprendiendo a Manejar Mi Enojo y el de Mis Hijos

\$70 | 4 sesiones

Martes | 4 al 25 de Septiembre | 6:00-8:00pm

Criando un Niño con una Ex-Pareja

\$20 | 1 sesión

Lunes | 17 de Septiembre | 6:30-8:30pm

Prevención de Alcohol y Drogas

\$60 | 3 sesiones

Lunes | 1 al 15 de Octubre | 6:00-8:00pm

Manejando Conflicto Familiar

\$40 | 2 sesiones

Miércoles | 17 al 24 de Octubre | 6:30-8:30pm

Programa de Conciencia para Padres y Niños (edades 10+)

\$70 por familia | 4 sesiones

Jueves | 1 de Noviembre al 29 de Noviembre |

6:30-8:00pm (no hay clase el 22 de Noviembre)

Criando Niños Resistentes

Kaiser Permanente

401 Bicentennial Way, Santa Rosa

\$10 por miembro de Kaiser, \$15 si no es miembro de Kaiser | 1 sesión

Miércoles | 7 de Noviembre | 6:00-8:00pm



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para registrarse: Regístrese via internet en www.calparents.org/classes, o llame al 707 585.6108 x 1240. El pago de la clase es requerido al momento de registrarse. Todas las clases tomaran lugar en 3642 Standish Avenue, Santa Rosa, CA 95407. Al menos que se indique algo diferente.